

**Ministry of Health and Wellness  
Occupational Health Unit-Migrant Worker Section**

**1<sup>st</sup> Floor NeXSky Building, Ebene, Phone 4904200, email: moh-mworkers@govmu.org**

**Requirements for Medical Clearance for Migrant Workers**

**Prior to Arrival (For Provisional Medical Clearance):**

The Ministry of Health and Wellness requires a complete medical report for migrant workers prior to their arrival. The validity of the tests must not exceed 6 months. The required documents and tests are as follows:

**1. Fitness Certificate**

*Expatriates from Brazil, India, Indonesia, Bangladesh, the Democratic Republic of the Congo, Ethiopia, Madagascar, Mozambique, Myanmar, Nepal, Nigeria, the Philippines, Somalia, Sri Lanka, and Tanzania must be certified by a doctor as free of leprosy based on examination.*

**2. Blood Tests:**

**(a) Fasting Blood Sugar**

**(b) Blood Urea**

**(c) Full Blood Count**

**(d) Hepatitis B Surface Antigen**

**(e) HIV test (method used must be specified)**

**(f) VDRL / TPHA test**

**(g) Test for Filariasis** (required for expatriates from American Samoa, Angola, Benin, Brunei Darussalam, Burkina Faso, Cameroon, Central African Republic, Chad, Comoros, Congo, Côte d'Ivoire, Democratic Republic of the Congo, Dominican Republic, Equatorial Guinea, Eritrea, Ethiopia, Fiji, French Polynesia, Ghana, Guinea, Guinea-Bissau, Haiti, India, Indonesia, Liberia, Madagascar, Malaysia, Mali, Mozambique, Myanmar, Nepal, New Caledonia, Niger, Nigeria, Papua New Guinea, Philippines, Samoa, Senegal, Sierra Leone, Sudan, Tanzania, and Zimbabwe).

**3. Chest X-ray Report** (*The report must be certified by a radiologist, with name and signature.*)

**On Arrival (For Final Medical Clearance):**

1. The chest X-ray must be repeated in a private clinic within one week of arrival, with the report certified by a radiologist.
2. Expatriates from Brazil, India, Indonesia, Bangladesh, the Democratic Republic of the Congo, Ethiopia, Madagascar, Mozambique, Myanmar, Nepal, Nigeria, the Philippines, Somalia, Sri Lanka, and Tanzania must submit a medical certificate from a practitioner registered with the Medical Council of Mauritius, certifying that they are free of leprosy based on examination.
3. *HIV and filariasis\** tests must be repeated within one week after arrival. The expatriate must appear in person, with their passport and a covering letter from their employer, at the AIDS Unit of the nearest hospital to undergo both tests. Appointments can be made by phone at the following numbers: North: 5257 7892 / 243 9930, Plaine Wilhems : 427 7946, Port-Louis: 213 8166, Flacq: 413 5363 ,South: 6272 792 / 5257 7902

The results of the HIV and filariasis tests will be sent directly to the Ministry of Health and Wellness.

*\*The filariasis blood test is required for expatriates from the following countries: American Samoa, Angola, Benin, Brunei Darussalam, Burkina Faso, Cameroon, Central African Republic, Chad, Comoros, Congo, Côte d'Ivoire, Democratic Republic of the Congo, Dominican Republic, Equatorial Guinea, Eritrea, Ethiopia, Fiji, French Polynesia, Ghana, Guinea, Guinea Bissau, Haiti, India, Indonesia, Liberia, Madagascar, Malaysia, Mali, Mozambique, Myanmar, Nepal, New Caledonia, Niger, Nigeria, Papua New Guinea, Philippines, Samoa, Senegal, Sierra Leone, Sudan, United Republic of Tanzania, Zimbabwe.*